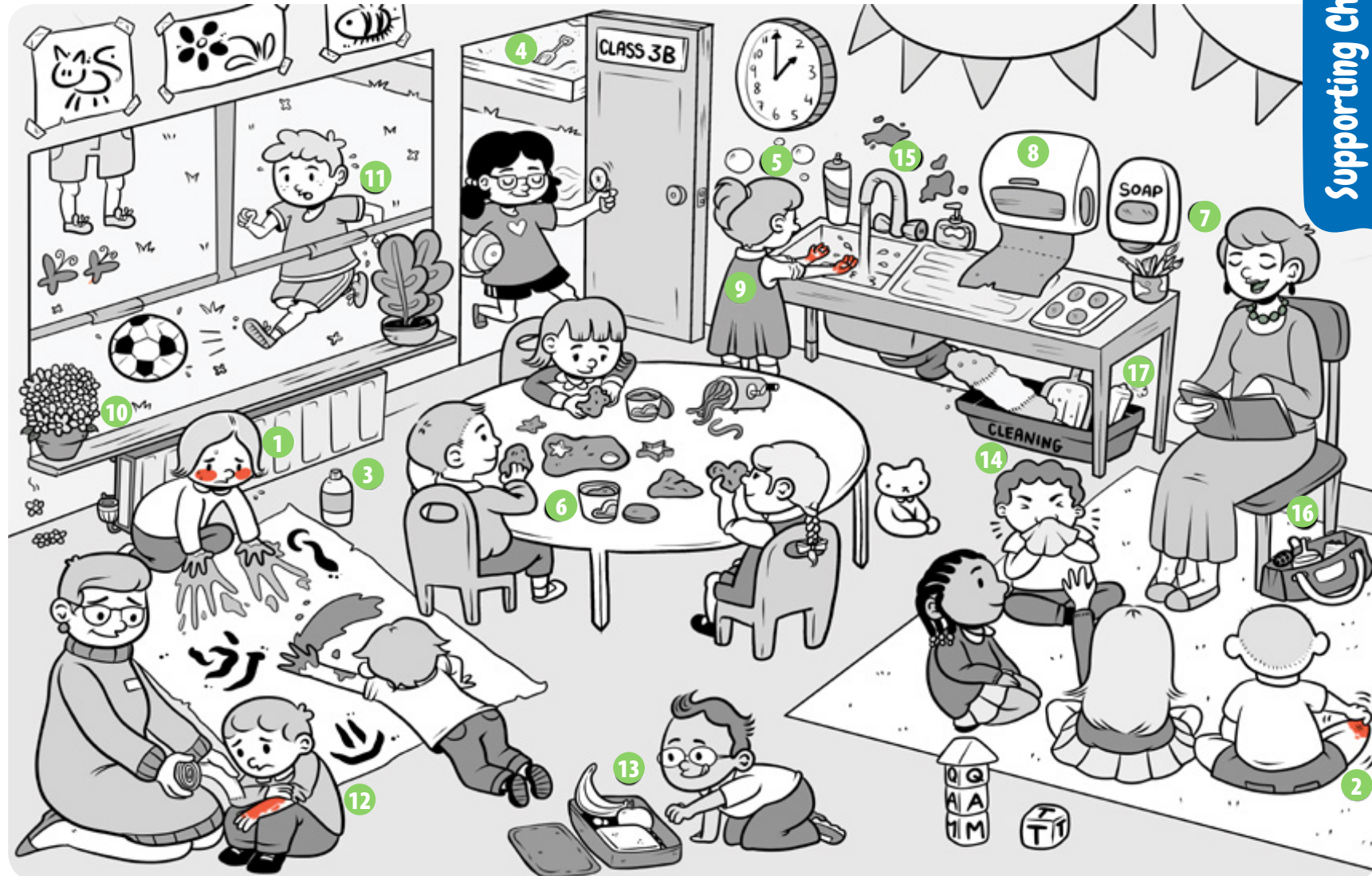


In the Classroom...

There are lots of potential triggers, here are some examples.

1. Temperature
2. Sitting on the carpet
3. Paint
4. Sand
5. Water/Bubbles
6. Playdough/Clay
7. Soap
8. Paper towels
9. Uniform / clothing
10. Pollen
11. PE, getting hot and sweaty
12. Worry / anxiety
13. Food
14. Dust
15. Damp / mould
16. Fragrance / perfume
17. Room sprays



In the Classroom...



Child's Name

Triggers

These can trigger my eczema:

Solutions

These will help me feel comfortable: