

# Resources available to help you speak to your child's school/nursery about their eczema



School and nursery can be a tricky environment for a child with eczema. Classrooms are often hot and there may be things that could trigger an eczema flare. It can also be a long time without getting some cream/emollient on to protect and moisturise their skin.

You can speak to your child's school or nursery about their eczema and put in place a plan to help (this can be formal or informal). There are many simple things schools/nurseries can do to make sure your child is comfortable throughout the day to learn instead of scratching.

We have a package of resources available to help you prepare to speak to your child's school/nursery. The resources below are available on our website or you can get in touch and we'll send you hard copies.



## My Eczema Support Needs template

Use this to help you prepare for a meeting with your school/nursery. You can also use it for your initial discussion with the school/nursery to explain what support you feel your child needs. We have a blank template document for you to use as your own, and also an example document to give you an idea of how to fill it in.

## Guidance for speaking to school/nursery about your child's eczema needs

Use this to help you fill in the My Eczema Support Needs template and communicate with your school/nursery.

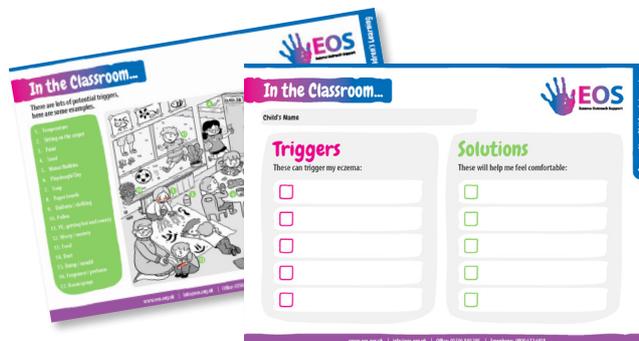


## Tips and information for your child's teacher (Nursery and School)

Hand this booklet to your child's school/nursery to help educate them about eczema. They may not have taught a child with eczema before so don't assume they know the treatment, triggers or steps to keep a child more comfortable.

## In the Classroom

Use this to talk to your child's teacher about what might trigger your child's eczema in the classroom and find some simple solutions.



Find these documents at [www.eos.org.uk](http://www.eos.org.uk) or contact us for hard copies. If you have any questions or need help contact our team who can support you through the process.